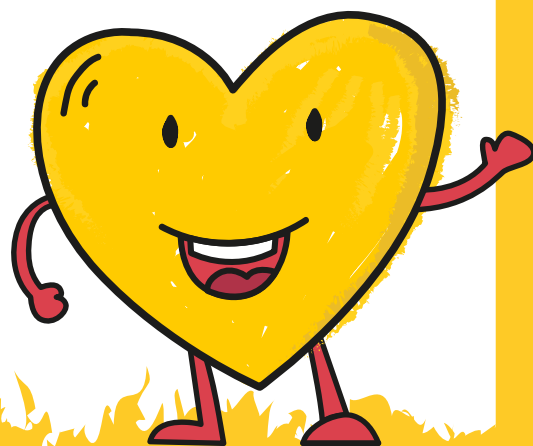


**Hands on  
for Hearts**

**We're fundraising for  
St John Ambulance Cymru**



**#HandsOnForHearts**

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**[www.sjacymru.org.uk/handson](http://www.sjacymru.org.uk/handson)**

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**St John  
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